

Having completed your Basic Reiki I programme (which equips you to practice life energy techniques by direct contact through the hands on yourself and on others), you may progress to Reiki II. If you completed Reiki I with a teacher from outside the Network, then you will be asked to re-visit Reiki I with a Network teacher. As we ask all our graduates who go on to Reiki II to revise Reiki I before the seminar, you could consider re-visiting Reiki I as your review. This isn't that we assume there was anything wrong with your original training, but rather so that each new Reiki II student attends with the same background and foundation knowledge which is built upon in the seminar.

If you are thinking of becoming a Reiki Treatment Practitioner professionally, then this is the level you must complete in terms of your modality training. Insurance companies and professional associations do not recognise Reiki I as the entry standard for professional work.

Additional training in the regulatory requirements and practical elements of running a practice are available for those who complete Reiki II. This training is available for any who have completed Reiki II in accordance with the minimum standards laid down by the Australian Reiki Connection Inc., the Association of Australian Reiki Professionals.

There are benefits however, in simply doing the second level for your own personal development, as many of our past graduates can attest to. Most people who complete Reiki II do so for personal reasons.

Reiki II is not only applicable in a hands-on treatment context, it also crosses a spiritual threshold of empowerment in healing capability, as it provides the option of projecting the energy over distance, in absentia, via a proxy. Across the room or across the world, it is equally effective and instantaneous.

Many students find there is also an ancillary activation of innate, but often dormant, intuitive gifts, so that the student can explore many planes, bringing enormous clarity in terms of personal insight, compassion, and the capacity to "do something" even when a situation may at first make you feel incapable of action.

In the three sessions of your Reiki II training (over 18 hours which may take place over a weekend - Friday evening, Saturday and Sunday - or in some circumstances, will be over three weekday evenings), you will have daily practical sessions in class plus homework. You will have the opportunity to experience the perception of energy transmitted over distance. Through feedback you will gain confirmation of both physical responses and intuitive insights from several levels of consciousness.

Students are given instruction in the application of Reiki II to individuals, groups and situations, so that they can practice in absentia, personally, and in world service.

There are two further, more complex attunements in the Advanced Practitioner Level of Reiki II, and students receive initiation into sacred symbols and procedures discovered by Mikao Usui in the early 1900s.

The class is limited in size. A deposit and instalment payments are welcome, but payments must be fully completed by seminar commencement.

Please register your interest with me so that I can keep you informed of when Reiki II seminars will be held and in what locations.

If you have any questions, I am happy to do my best to answer them. You can e-mail me using reiki@suelakeharris.com

Love & Light,

Sue Lake Harris